

You **MUST** have an appointment to be tested for COVID-19.

IF YOU HAVE AN APPOINTMENT:

People who show up early will be directed to leave and return at their appointment time. ONLY people with an appointment will be tested, even if you have more than one person in your vehicle.

No exceptions.

- Follow all signs and instructions from staff
- Roll windows down
- Stay in your lane
- Put car in PARK as you wait to move up in line
- Public restrooms are located between lanes #2 and #3. Use at your own risk.

The COVID-19 test is a naso-pharyngeal swab, similar to a flu test. We will insert a long swab deep into your nose. It is very uncomfortable. If you do not agree to this, exit now.

AFTER YOU'VE BEEN TESTED, GO HOME AND STAY

All test samples will be sent to the Mississippi State Department of Health Public Health Laboratory for processing. You will be contacted by phone, at the number you provided, when your results are available.

While you are waiting for test results:

1. Immediately isolate yourself at home. DO NOT GO TO WORK OR LEAVE THE HOUSE.
2. You will be contacted with results (within 3-5 days of testing).
3. Get plenty of rest and fluids, and use acetaminophen (such as Tylenol®) for aches and fevers.
4. Wash your hands often with soap and water and use hand-sanitizer when soap and water aren't immediately available.
5. If symptoms worsen, call your medical provider or physician.

If your test results are POSITIVE for the COVID-19 virus:

You will be contacted by phone at the number you provided with specific information and instructions.

If your test results are NEGATIVE for the COVID-19 virus:

1. Continue social distancing (6 feet away from others) and avoid any group of 10 or more people.
2. Wash your hands often with soap and water and use hand-sanitizer when soap and water aren't immediately available.
3. If symptoms worsen, call your medical provider or physician.

If you have questions about your results, please email Covid19questions@umc.edu. This email is only for those who have been tested.

IF YOU DO NOT HAVE AN APPOINTMENT, **EXIT NOW.**

ONLY people with an appointment and patient ID will be tested.

If you have symptoms and think you need to be tested, download the C Spire Health app to connect to a UMMC Telehealth clinician and receive the pre-screening. You will see and speak with a UMMC clinician for instructions.

cspire
health
UMMC Virtual COVID-19 Triage



Search for “C Spire Health” on the App Store or Google Play.



Call **601-496-7200** if you do not have a smartphone.

According to the CDC, most people who get sick with COVID-19 will have only mild illness and should recover at home.

- Stay quarantined at home and away from friends/family for at least 7 days from when symptoms first began, or 3 days after symptoms go away or improve significantly—whichever is longer.
- Get plenty of rest and fluids, and use acetaminophen (such as Tylenol®) for aches and fevers.
- Wash your hands often with soap and water and use hand-sanitizer when soap and water aren't immediately available.
- If symptoms worsen, call your medical provider or physician.

For additional information you can visit the MSDH website: www.msdh.ms.gov

Older adults and anyone with certain serious underlying medical conditions like lung disease, heart disease, or diabetes, should monitor their symptoms closely and call your medical provider if symptoms worsen.

In case of bad weather, all testing will be suspended.
To reschedule your appointment, please go through
the C Spire Health app or call 601-496-7200.

